

The cover features a green background with a faint, repeating pattern of hexagons and lines. A dark grey rectangular area is positioned at the top right. The title 'CREATIVE AGING' is displayed in large, green, sans-serif capital letters on a white background. Below the title, the text 'Presentation for NASAA Leadership Conference 2013' is written in a smaller, black, sans-serif font. A thin green horizontal line is located at the bottom of the white area.

CREATIVE AGING

Presentation for NASAA
Leadership Conference
2013

WHAT IT IS...

- Sustained, professionally taught classes for older adults typically incorporating social activities throughout and ending in a culminating event.
- Change of mindset from burden to asset.

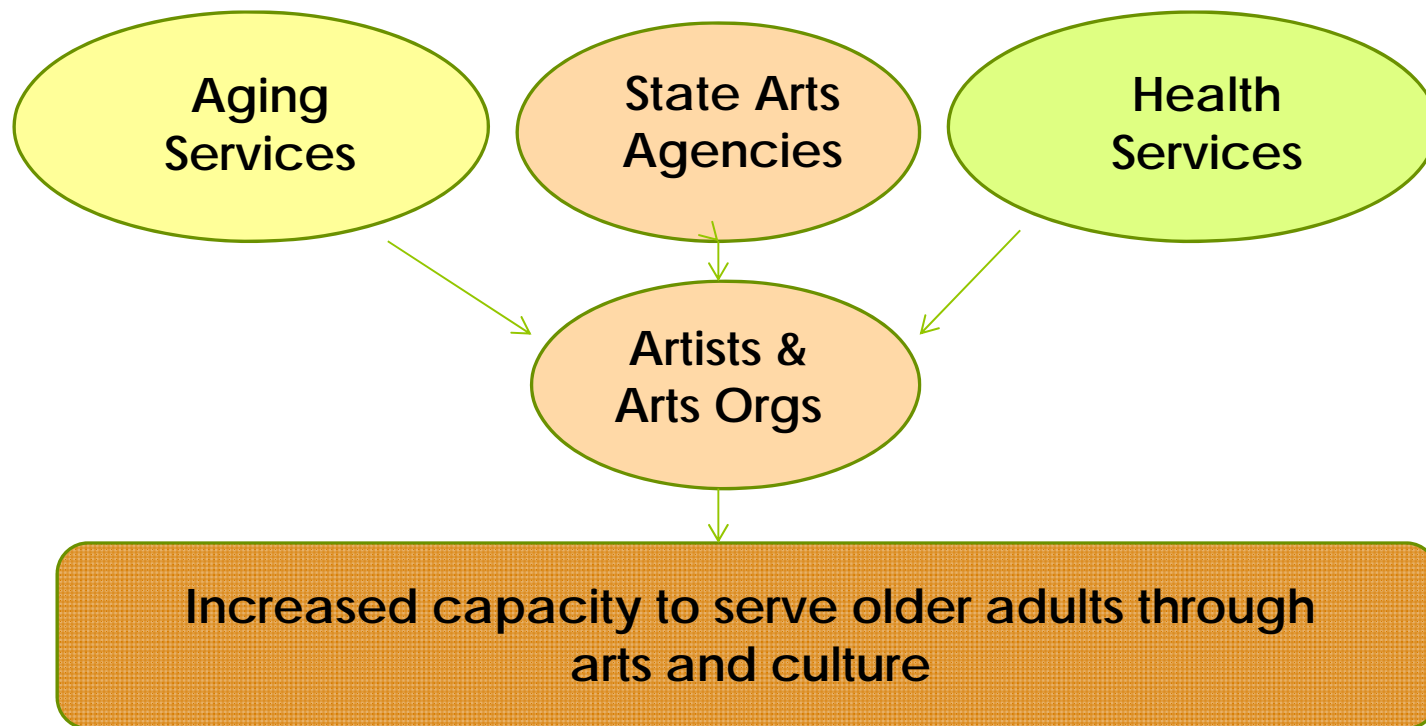
RESEARCH

- Gene Cohen (2006) *Creativity & Aging Study*
- Followed 300 adults over the age of 65 for two years
- Documented that participants who engaged in meaningful arts programs showed significant gains in health and quality of life.
- Similar studies showed significant benefits for those with dementia and Alzheimer's.

PROGRAM EXAMPLES

1. TIMESLIPS – storytelling for older adults with dementia and Alzheimer's
2. ENCORE – choral arts program – now 13 chorales across the country
3. ELDERS SHARE THE ARTS – theater program for older adults
4. KAIROS DANCE THEATRE – dance program for older adults

ENGAGE: State Communities of Practice Initiative in Arts, Health, and Aging



YEAR ONE

- Arizona
 - Florida
 - Indiana
 - Maine
 - Minnesota
 - Missouri
 - Montana
 - New Jersey
 - North Carolina
 - North Dakota
 - Ohio
 - Pennsylvania
 - Texas
 - Designated staff liaison
 - National Leadership Conference (19-20 Aug 2013)
 - Three quarterly conference calls
 - One state-level activity
-
- Creative aging is an agency priority
 - Connect with national and peer organizations
 - Access large pool of resources (research, trainers, models, etc.)
 - Professional development and learning opportunities
 - Establish a creative aging support network